



Armstrong Summer Volleyball Camp

Camp Dates	Camp Times	Name	Description	Cost (thru 7/1/21)
July 12-15	10am-12pm Session 1	Grades 3-5 Beginner All-Skills Camp	This camp is for the beginner volleyball player grades 3-5 who would like to learn more about the sport. Drills, skills, and fun games will be supervised by Armstrong High School Volleyball Coach Mike Hauser, his staff, and members of the Armstrong High School teams.	\$100
July 12-15	1pm-3pm Session 2	Grades 6-8 Basic All-Skills Camp	The Basic camp will review all skills and fundamentals of the game as well as introduce team concepts and competition. No volleyball experience required. Drills, skills, and fun games will be supervised by Armstrong Volleyball Coach Mike Hauser, his staff, and members of the Armstrong High School teams.	\$100
July 19-22	10am-12pm Session 1	Grades 9-12 Intermediate All-Skills Camp	This camp will review all skills and fundamentals of the game, in depth positional training, and team competition. Previous volleyball experience is recommended but not required. All skills and drills will be run by Armstrong Volleyball Coach Mike Hauser, and his staff.	\$100
July 19-22	1pm-4pm Session 2	Grades 11-12 Varsity all skills camp	This camp is for girls entering 11th and 12th grade (or played on the JV or Varsity team last season). The focus of the Varsity Camp will be on skill review, positional training, high level offensive and defensive team situations, and advanced game-like competition. All skills and drills will be run by Armstrong Volleyball Coach Mike Hauser, and his staff.	\$100

How to register...

- All registrations and payments before July 1st are \$100.00, after July 1st registration goes up to \$110.00.
- Registration for summer camp can be found at this link:
www.armstrongvolleyball.com/summer-camp .

- Please register for the grade the camper/player will be entering in the fall.
- Fill out registration form completely
- Camp payment options will be displayed on-line
- Players will be grouped by age and ability/experience (beginners to elite players).
- All sessions of Camp will take place in the Armstrong School gyms.
- All players will receive a camp t-shirt the first day of camp.
- Questions? Please contact armstrongvolleyballcoach@gmail.com



What To Bring...

- A big smile!
- Shorts, leggings, or sweat pants with a T-shirt that can be tucked in
- Towel & knee pads optional
- Water, water, water- drinking fountains may be turned off, so you must have your own filled water bottles.
- Small hand sanitizer
- A desire to learn and improve your game of volleyball and have fun!

Frequently asked questions...

What level player am I?

For grades 3-8th who sign up for the week of July 12-15, you will not need to worry about this! When you register, please fill in the grade level you will be in the fall. Each participant will be taught the FUNdamental game of volleyball as well as the motor and object control skills used in the game. It will be a great first camp for some, and a great recap for players who have played a little bit.

For the week of July 19-22, the intermediate camp will review all skills and fundamentals of the game, in depth positional training, and team competition. Previous volleyball

experience is recommended but not required. The Varsity skills camp is for girls entering 11th and 12th grade (or played on the JV or Varsity team last season).

**If your player needs to be placed in a camp higher or lower than their age specifies based on current experience and skill, please contact Armstrong Volleyball Head Coach Mike Hauser to discuss prior to registering (hauservolleyball@gmail.com). We want to ensure players are placed into a situation that helps them build confidence, find success on the court, and have FUN!

I can't make every day of camp, can I still participate on the days I can attend?

Yes, we are happy to have you! We ask that you let us know in advance when you will be attending and we will confirm the fees for your player based on that information. Contact Coach Mike Hauser at hauservolleyball@gmail.com

