

# Armstrong High School Volleyball Summer Open Gyms

*Summer Open Gym Information:*

*For incoming 9-12th Grade*

*June 10 -July 26*

*Mondays and Wednesdays*

*Weight room 5-6pm, gym 6-8pm*

***No workouts July 1- July 7***

***For more information about summer programs, please visit***

***<https://www.armstrongvolleyball.com>***

***or click the QR Code below***

